

lachele

AESTHETICS & WELLNESS

AviClear Pre Treatment Instructions

- Please arrive to treatment with a **clean face, free of makeup and products**. Also, have your hair tied back if possible and **remove all jewelry or piercings**.
- Please **STOP** the following cosmetic products 72 hours before your treatment. **Retin A, Tretinoin, Benzoyl Peroxide, Glycolic Acid, Salicylic Acid, exfoliants, and Ascorbic Acid (Vitamin C)**.
- Topical anesthetics such as lidocaine may be used for your treatment, therefore, please alert your provider of any allergies to topical anesthetics.
- **No Accutane** (*Isotretinoin*) within the last 6 months.
- Please **avoid any sun exposure for at least 2 weeks prior** to your treatment. **Do not use self-tanners** during this time, **including spray tans, tanning lotions, tanning beds**, or other artificial tanning methods. Natural or artificial tans can affect your results after treatment or cause burns.
- 3 days prior to your treatment, please take an OTC antihistamine such as **Zyrtec or Claritin daily**, and continue for 7 days post treatment.
- **If you are prone to cold sores** (*Herpes Simplex A*), please notify one of our providers, as heat can act as a trigger and cause a flare up. Prophylactic antiviral medications can be prescribed for you.
- Excess hair may need to be shaved. Men should be cleanly shaved.

If you have any questions or concerns, please call our office during business hours (855) 522-4353. During off hours, call Dr. Espinoza's cell at (908) 303-5694. You can also email us at team@lachele.com